



## REPORT TO COUNCIL City of Sacramento

915 I Street, Sacramento, CA 95814-2604  
www.CityofSacramento.org

Consent  
July 15, 2008

Honorable Mayor and  
Members of the City Council

**Title:** FY2008/09 Ethel MacLeod Hart Trust Fund Projects

**Location/Council District:** Citywide

**Recommendation:** Adopt a **Resolution:** 1) approving the following Ethel MacLeod Hart Trust Fund Projects for FY2008/09: a) Senior Water Aerobics Program in the amount of \$23,620 (Exhibit A); and b) new chairs for the Sierra 2 Senior Center in the amount of \$874 (Exhibit B).

**Contact:** Sylvia Fort, Division Manager, 808-8381; Rosanne Bernardy, Recreation Superintendent, 808-1590

**Presenters:** N/A

**Department:** Parks and Recreation

**Division:** Youth and Older Adult Services

**Organization No:** 19001711

### Description/Analysis

**Issue:** On April 22, 2008, the City Council approved the revised guidelines for the Ethel MacLeod Hart Advisory Committee. The Ethel MacLeod Hart Advisory Committee is responsible for providing guidance to staff and the City Council on the appropriate use of the Ethel MacLeod Hart Trust Fund (Trust Fund), consistent with the terms of the bequest and the intent of the donor.

As adopted by the City Council, the approved guidelines require that all appropriation of funds from the Trust Fund require the approval of the City Council. Staff is requesting that the City Council approve the two projects recommended for funding at the May 26, 2008 meeting of the Ethel MacLeod Hart Advisory Committee.

**Policy Considerations:** Staff's recommendation is consistent with the Ethel MacLeod Hart Trust Fund Advisory Committee Guidelines.

The utilization of the Trust Fund for the delivery of programs and services to the senior population is consistent with the Mayor and Council's identified strategic planning focus areas of public safety, sustainability and livability. Staff will adhere to all applicable procurement-related Sacramento City Code provisions and Administrative Policy Instructions when purchasing goods and services with the Trust Funds.

**Environmental Considerations:**

**California Environmental Quality Act (CEQA):**

Staff's recommendation concerns administrative activities that will not have any significant effect on the environment and that do not constitute a "project", as defined by the California Environmental Quality Act (CEQA) {CEQA Guidelines Sections 15061 (b) (3); 15378 (b) (2)}.

**Sustainability Considerations:**

The Hart Trust Fund projects for Fiscal Year 2009 have been reviewed for consistency with the goals, policies and targets of the Sustainability Master Plan and the 2030 General Plan.

Staff's recommendations provide for local recreation activities for the community.

**Other:** Not applicable.

**Commission/Committee Action:** The Ethel MacLeod Hart Advisory Committee voted to approve and fully fund these projects at its meeting on May 26, 2008.

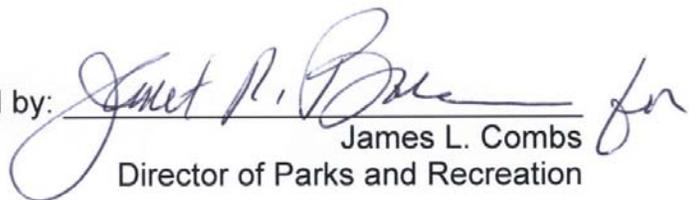
**Rationale for Recommendation:** The approved guidelines for the Ethel MacLeod Hart Advisory Committee establish criteria for projects to be recommended to the City Council for funding including:

- Construction and maintenance type projects including new, expansion and/or rehabilitation and facility upgrades;
- New, replaced or upgraded equipment and resource materials and supplies;
- Underwriting and/or subsidy for the enhancement and/or expansion of existing programs not to exceed three years in duration; and
- Underwriting and/or subsidy (seed funding) of new programs and/or projects addressing emerging or unmet senior needs not to exceed three years in duration.

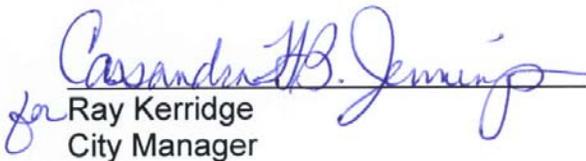
The Ethel MacLeod Hart Advisory Committee is recommending two projects: (1) the establishment of a senior water aerobics program; and (2) new chairs for the Sierra 2 Senior Center. These projects are consistent with the approved guidelines. City Council approval is required.

**Financial Considerations:** The total cost of the two proposed projects is \$24,494. The project funding strategy used for the Trust Fund is to utilize funds generated by the investment of the endowment over a five-year period to support appropriate projects during the following five-year period. The balance available for new projects during the current funding cycle (FY2007-2011) is \$258,307. Therefore, there is sufficient funding for the two projects as proposed.

**Emerging Small Business Development (ESBD):** Not applicable.

Approved by:  for  
James L. Combs  
Director of Parks and Recreation

Recommendation Approved:

 for  
Ray Kerridge  
City Manager

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**Attachment A****Background**

The Statement of Purpose and Guidelines for the Ethel MacLeod Hart Trust Fund Advisory Committee, as approved by City Council, outlines the mechanism and criteria used for funding projects by the Trust Fund. The Advisory Committee identifies and recommends for funding various projects to benefit older adults. In accordance with the guidelines, projects eligible for funding must be city sponsored and/or operated facilities, projects or services. Funds may not be used for ongoing operations.

The Hart Trust Fund Advisory Committee recommends allocating funds for the following:

**A. Senior Water Aerobics Program:** Project funds (\$23,620) will be used to purchase water exercise equipment, provide specialized training to fitness instructors, pay for contracted class instructors, and to conduct outreach and publicity. The program will initially be established at Pannell Meadowview, Natomas High School, Tahoe Park and Southside Park pools. (Exhibit A)

**B. Chairs for Sierra 2 Senior Center:** Project funds (\$874) will be used to purchase 20 padded folding chairs to supplement existing furnishings used for senior programs. (Exhibit B)

**RESOLUTION NO. 2008-**

Adopted by the Sacramento City Council

July 15, 2008

**APPROVING ETHEL HART TRUST FUND PROJECTS FOR FISCAL YEAR 2009**

**BACKGROUND**

- A. The Statement of Purpose and Guidelines for the Ethel MacLeod Hart Trust Fund Advisory Committee, as approved by City Council, outlines the mechanism and criteria used for funding projects by the Trust Fund. The Advisory Committee identifies and recommends for funding various projects to benefit older adults. In accordance with the guidelines, projects eligible for funding must be city sponsored and/or operated facilities, projects or services. Funds may not be used for ongoing operations.
- B. The Hart Trust Fund Advisory Committee recommends allocating funds for the following two projects: a) Senior Water Aerobics Program in the amount of \$23,620; and b) new chairs for the Sierra 2 Senior Center in the amount of \$874, as described in Exhibits A and B.

**BASED ON THE FACTS SET FORTH IN THE BACKGROUND, THE CITY COUNCIL RESOLVES AS FOLLOWS:**

- Section 1. The following Ethel MacLeod Hart Trust Fund Projects for FY09 are approved: a) Senior Water Aerobics Program in the amount of \$23,620 (Exhibit A); and b) new chairs for the Sierra 2 Senior Center in the amount of \$874 (Exhibit B).

**Exhibits:**

- Exhibit A: Senior Water Aerobics Program
- Exhibit B: Chairs for Senior Center at Sierra 2 Center

**Exhibit A**

ETHEL MacLEOD HART TRUST FUND  
**PROJECT ALLOCATION –FISCAL YEARS 2008-2010**

**PROJECT: Senior Water Aerobics**

**FUNDING REQUIRED: \$23,620**

**Project Background**

In April 2006 the Hart Trust Fund Advisory Committee established funding priorities for the FY2007-2011 5-year funding period. The development of a senior water aerobics program at city swimming pools was identified as one of the Committee's funding priorities.

Swimming and other water exercises are considered excellent full body fitness activities and are especially well suited to older adults with arthritis and other health conditions that limit exercise options. Opportunities for water aerobics are quite limited in Sacramento and this project aims to increase the number of older adults who use this activity to maintain or improve their wellbeing.

**Project Description**

This project will include enhancing two existing water aerobics programs offered by the Department of Parks and Recreation and establishing new programs at two additional sites. The existing programs are at Pannell Meadowview Pool and Natomas High School Pool, both of which are heated and open eight months each year. The new programs will be established at Southside Park Pool and Tahoe Park Pool, facilities that operate during the summer months. Classes will be held three days a week at each of the four pools. Each pool can accommodate 15-20 students per class.

Enhancement of the programs Pannell Meadowview Pool and Natomas High School Pool will include:

- The purchase of new equipment to supplement existing equipment
- Enhanced training of instructors on effective water aerobics methods for seniors
- Publicity and outreach
- Covering the class fees for participating seniors

This part of the project will be implemented in July 2008 and continue through October 2010 for a total cost of \$23,620.

The development of a water aerobics program at Tahoe Park Pool and Southside Park Pool will include:

- The purchase of new equipment
- Certification of new instructors from the Aquatic Exercise Association and additional training for working with older adults
- Publicity and outreach
- Payment of class instructors

Instructor training and the promotion of the new classes at these new sites will begin in spring 2009, with class sessions conducted during the summer aquatics seasons (3 months) in 2009 and 2010.

#### Funding Requirements

Equipment	5,000
Instructor Training	2,000
Outreach and publicity	1,500
<u>Class sessions</u>	<u>15,120</u>
<b>Total</b>	<b>23,620</b>

Approved by Committee: May 26, 2008

**Exhibit B**

ETHEL MacLEOD HART TRUST FUND  
**PROJECT ALLOCATION –FISCAL YEAR 2008**

**PROJECT: Sierra 2 Senior Center Chairs**

**FUNDING REQUIRED: \$874**

**Project Background**

In 2001, The City of Sacramento's Older Adult Services staff began assisting the Sierra Curtis Neighborhood Association in their efforts to establish a senior center at the Sierra 2 Community Center in Curtis Park. The community center building is owned by the City of Sacramento and managed and operated by the neighborhood association. In addition to providing technical assistance in the development of the senior center, a part-time senior center director position was funded for a three-year period by the Hart Trust Fund. The City of Sacramento currently provides limited funding to help support the part-time director position for the senior center. The senior center has several program offerings each week and is a popular gathering place for neighborhood seniors. An aggressive outreach campaign has attracted more seniors to the center.

**Project Description**

The purchase of new chairs for the Sierra 2 Senior Center is proposed. The chairs will replace the current furnishings that are too heavy for seniors to move, don't provide adequate back support and are not adequately padded for longer lasting functions. The new chairs will supplement 32 padded chairs purchased for the Center in 2007.

**Funding Requirements**

32 chairs, tax and shipping            \$874

Approved by Committee: May 26, 2008