

RESOLUTION NO. 2009-275

Adopted by the Sacramento City Council

May 12, 2009

AUTHORIZATION TO APPLY FOR GRANT FUNDING FOR THE IMPLEMENTATION OF THE FIREFIGHTER WELLNESS/FITNESS INITIATIVE

BACKGROUND

- A. On April 15, 2009, the U.S. Department of Homeland Security opened the application period for the *Assistance to Firefighters Grant (AFG) Program*. Applications are due by May 20, 2009.
- B. The Sacramento Fire Department is seeking grant funding to implement the Firefighter Wellness/Fitness Initiative. This initiative will provide better fitness equipment, Peer Fitness trainers, appropriate annual fitness assessments, and a comprehensive aged-based medical screening program for our firefighters.
- C. The initiative will be a positive program with measured results to strengthen uniform Fire personnel so that their mental, physical, and emotional capabilities are resilient enough to withstand the stresses and strains of life and the workplace. This program is a commitment to the: health, safety and longevity of uniformed Fire personnel; productivity and performance of all fire crews; and cost effectiveness and the welfare of the Sacramento Fire Department.
- D. Enhancing physical fitness equipment in coordination with the American Council on Exercise (ACE) Peer Fitness Trainer program encourages safety and participation in fitness through guidance and supervision of uniformed Fire personnel exercise. The Peer Fitness Trainer Certification Program supports the International Association of Firefighter (IAFF)/ International Association Fire Chiefs (IAFC) Wellness/Fitness Initiative through an integrated, multi-level approach by providing current wellness and fitness information that addresses the specific needs of firefighters through individual fitness assessment, individual program design, program implementation and administration.
- E. The AFG program requires that successful applicants in areas serving populations more than 50,000 provide a 20% match of the costs of the proposed project. The Firefighter Wellness Fitness Initiative is anticipated to have a start up cost of \$500,000; therefore City matching funds of approximately \$100,000 would be required **contingent upon receipt of award**.
- F. Funds have been identified in the Risk Management and Fire Department to support the implementation of this program.

BASED ON THE FACTS SET FORTH IN THE BACKGROUND, THE CITY COUNCIL RESOLVES AS FOLLOWS:

Section 1. The City Manager or his designee is authorized to apply for grant funding for the implementation of the Firefighter Wellness/Fitness Initiative.

Section 2. The City Manager, or his designee, is authorized to accept federal funds in the amount awarded.

Section 3. An operating grant for the Firefighter Wellness/Fitness Initiative including revenue and expenditure budgets for the program shall be established in the amount awarded.

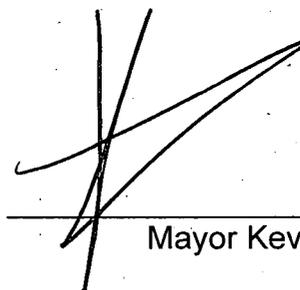
Adopted by the City of Sacramento City Council on May 12, 2009 by the following vote:

Ayes: Councilmembers Cohn, Fong, Hammond, McCarty, Pannell, Sheedy, Tretheway, Waters, and Mayor Johnson.

Noes: None.

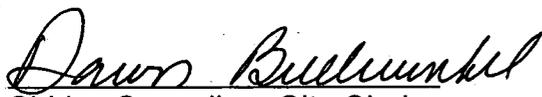
Abstain: None.

Absent: None.



Mayor Kevin Johnson

Attest:

for 
Shirley Concolino, City Clerk