

RESOLUTION NO. 2010-046

Adopted by the Sacramento City Council

February 2, 2010

APPROVING ETHEL HART TRUST FUND PROJECTS FOR FISCAL YEAR 2009/10

BACKGROUND

- A. The Statement of Purpose and Guidelines for the Ethel MacLeod Hart Trust Fund Advisory Committee, as approved by City Council, outlines the mechanism and criteria used for funding projects by the Trust Fund. The Advisory Committee identifies and recommends for funding various projects to benefit older adults. In accordance with the guidelines, projects eligible for funding must be city sponsored and/or operated facilities, programs or services. Funds may not be used for ongoing operations.
- B. The Hart Trust Fund Advisory Committee recommends allocating funds for the following two projects: a) Triple-R Sliding Scale System – Year 2 (\$25,000); and b) Congregate Meal Site Support in the amount of (\$15,788) as described in Exhibits A and B.

BASED ON THE FACTS SET FORTH IN THE BACKGROUND, THE CITY COUNCIL RESOLVES AS FOLLOWS:

- Section 1. The following new Ethel MacLeod Hart Trust Fund Projects for FY 2009/10 are approved: a) Triple-R Sliding Scale System - Year 2 in the amount of \$25,000 and b) Congregate Meal Site Support in the amount of \$15,788.

Table of Contents:

- Exhibit A - Triple-R Sliding Scale System – Year 2
- Exhibit B - Congregate Meal Site Support

Adopted by the City of Sacramento City Council on February 2, 2010 by the following vote:

Ayes: Councilmembers Cohn, Fong, Hammond, McCarty, Pannell, Sheedy, Tretheway, Waters, and Mayor Johnson.

Noes: None.

Abstain: None.

Absent: None.



Mayor Kevin Johnson

Attest:



Shirley Concolino, City Clerk

ETHEL MacLEOD HART TRUST FUND
PROJECT ALLOCATION – 2010

PROJECT: Triple-R Sliding Scale System – Year 2

FUNDING PROPOSED: \$25,000

Program Description

The Parks and Recreation Department's Older Adult Services section initiated the Triple-R Adult Day Program in 1992 as a way to meet the recreational and personal care needs of people with moderate to severe dementia while providing respite to family members in their demanding role as caregivers. Triple-R is a state licensed, cost effective community based service for people who have dementia but who are otherwise physically healthy, and who might instead be inappropriately served in a more expensive and less conducive medical setting or residential institution. This fee-for-service program has increased from a small twice monthly service staffed by volunteers to a five day a week program at three sites. The Triple-R's extended hours (7:30am to 6:00pm) allow working caregivers to continue with their careers while their spouse or parent attends the program. The program also serves dozens of caregivers ages 60 and older who are most at risk of developing severe health problems related to the stress of being a full-time caregiver.

Hundreds of families have benefited from participation in Triple-R. However, the growing operational costs result in program fees that many families cannot afford. Grants and donations are continually sought to keep fees as low as possible, however, this has been an especially difficult funding year as a long-standing state grant was eliminated and current grant funders are focusing on safety net services in the community. Families pay to participate in Triple-R on a monthly basis; monthly charges range from \$248 - \$1,500, based on the number of days a person attends each week.

Project Proposal

It is proposed that \$25,000 be allocated from the Hart Trust Fund to continue a Triple-R sliding scale fee system at the level currently needed by registered families and for a small reserve for new families in need who seek enrollment in the program. Also, in anticipation of an expected fee increase needed to help offset \$100,000+ in lost grant funding, a portion of the allocation will be used for families unable to afford this fee increase.

Funding Requirements

The allocation will support the Sliding Scale system through June 2010. Details of the system are as follows:

- An average of \$5,000 - 8,000 in adjustments to fees will be made each month.
- All families will pay something based on what they can afford.
- Discounts of up to \$500 will be given depending on a family's financial circumstances and need for respite care. Most discounts will be considerably less than \$500.

- A Sliding Scale application will be provided to families who report an inability to afford program fees.
- The Sliding Scale system will support Triple-R operations, allowing the program to continue as a good option for families of all income levels as they struggle to provide a high quality of life for their aging parent or other relative.

The families currently receiving fee discounts will be the first considered to participate. A modified operational plan for the Triple-R currently in the development stages will reduce the reliance on sliding scale subsidies in the future. Implementation of the new operational plan will take place in July 2010.

TOTAL

\$25,000

ETHEL MacLEOD HART TRUST FUND
PROJECT ALLOCATION – 2010

PROJECT: Congregate Meal Site Support
FUNDING REQUIRED: \$15,788

Project Background

For the past several decades, a noontime congregate meal program for seniors has been held Monday through Friday at the Hart Senior Center. Daily congregate meal service is a highly valued, and perhaps the most well-known, component of senior center services nationwide. In addition to the Hart Senior Center, the same congregate meal program has been held at two Parks and Recreation Department community centers – Pannell Meadowview Community Center (three days per week) and Mims Hagginwood Community Center (two days per week) for seniors living in nearby neighborhoods. The program, which is currently operated by the County of Sacramento, involves the serving of meals prepared off-site to an average of 30 to 70 adults ages 60 and older - depending on the site - each day. The primary funding for the program comes from the federal government through Older Americans Act legislation via Area 4 Agency on Aging; additional financial support comes from the County of Sacramento. In addition, a suggested donation of \$2 per meal is asked of program participants.

Sacramento County budget shortfalls for FY2009/10 have resulted in a need for the County to change the operation of its congregate meal program starting immediately. The County now provides less costly pre-packaged frozen meals delivered once or twice a week to congregate meal sites. In addition, County employees who oversee the meal service at the sites have been laid off, and the County has requested that on-site City staff take on this responsibility. Current staffing levels at Hart Senior Center and Hagginwood and Pannell Community Centers is smaller than optimal due to City budget reductions and this additional programmatic responsibility cannot be accommodated within the existing General Fund budgets for these centers.

Project Description

Although the County has traditionally staffed congregate meal programs four hours each meal service day, an analysis shows that two hours of staffing per day is adequate. It is proposed that the schedule of an existing non-career part-time staff member at each the three program sites be extended by two hours per day to staff the meal service as follows:

- Hart Senior Center: staffing for five days/week meal service
- Pannell Meadowview Center: staffing for three days/week meal service
- Mims Hagginwood Center: staffing for two days/week meal

Job responsibilities of the congregate meal site coordinator include supervising volunteers who assist with the program, cooking the pre-packaged meals, ordering paper supplies, placing meal orders to the County kitchen based on sign-ups for upcoming meal service, and completing forms required by the federal program. The program staffing will be funded for one year, with the expectation that on-site meal service coordination be funded by Sacramento County starting in January 2011. If the contract for providing senior meals in

Sacramento changes to another agency, the new contractor will be expected to fund the staff positions.

Funding Requirements

Monday – Friday staffing at Hart Senior Center 10 hours/week for 1 year Pay rate - \$11.09/hr.; total cost - \$15.18/hr.	\$7,894
Pannell Meadowview Center Center staffing 6 hours/week for 1 year	\$4,737
Mims Hagginwood Center staffing 4 hours/week for 1 year	\$3,157
Total	\$15,788