RESOLUTION NO. 2007-176

Adopted by the Sacramento City Council

March 27, 2007

APPROVING LIFETRAIL WELLNESS STATIONS CAPITAL IMPROVEMENT PROGRAM

BACKGROUND

A. Collaboration between the Park Planning, Design and Development Division and the Recreation Division's 50+ Wellness Program has resulted in a plan to install LifeTrail Wellness Stations in five City parks throughout Sacramento. LifeTrail is a series of outdoor fitness stations, specifically designed to meet the needs of older adults.

B. The parks identified (South Natomas Community Park, Marshall Park, George Sim Park, Garcia Bend Park, and Jacinto Creek Park) are sites where older adults and other walkers tend to gather and/or are physically well-suited for the installation of such equipment.

C. As stated in City Council Resolution No. 2006-444 Section 10.3, City Council approval is required to establish CIP projects.

BASED ON THE FACTS SET FORTH IN THE BACKGROUND, THE CITY COUNCIL RESOLVES AS FOLLOWS:

Section 1. A new Capital Improvement Program (CIP) is established for Sim Park LifeTrail Wellness Station, CIP LX74.

Section 2. That $20,000 from the Hart Trust Fund, Fund 561, is appropriated to Sim Park LifeTrail Wellness Station, CIP LX74, for the purchase and installation of a LifeTrail Wellness Station.

Section 3. That $20,000 from the Hart Trust Fund, Fund 561, is appropriated to Jacinto Creek Park Phase 2, CIP LU38, for the purchase and installation of a LifeTrail Wellness Station.

Section 4. That $20,000 from the Hart Trust Fund, Fund 561, is appropriated to South Natomas Community Park, CIP LW36, for the purchase and installation of a LifeTrail Wellness Station.

Section 5. That $20,000 from the Hart Trust Fund, Fund 561, is appropriated to Marshall Park, CIP LX16, for the purchase and installation of a LifeTrail Wellness Station.

Section 6. That $20,000 from the Hart Trust Fund, Fund 561, is appropriated to Garcia Bend Park, CIP LY06, for the purchase and installation of a LifeTrail Wellness Station.

Adopted by the City of Sacramento City Council on March 27, 2007 by the following vote:

Ayes: Councilmembers, Cohn, Fong, Hammond, McCarty, Pannell, Sheedy, Waters and Mayor Fargo.

Noes: None.

Abstain: None.

Absent: Councilmember Tretheway.

Heather Fargo

Mayor Heather Fargo

Attest:

Shirley Concolino

Shirley Concolino, City Clerk