



REPORT TO COUNCIL

City of Sacramento

915 I Street, Sacramento, CA 95814-2604
[www. CityofSacramento.org](http://www.CityofSacramento.org)

CONSENT
June 21, 2007

**Honorable Mayor and
 Members of the City Council**

Title: Agreements: Triple R Adult Day Program

Location/Council District: Midtown – Ethel MacLeod Hart Senior, Council District 3;
 Greenhaven – Asian Community Center, Council District 7; North Sacramento –
 Woodlake Elementary School, Council District 2

Recommendation: Adopt a **Resolution:** 1) authorizing the City Manager to execute an agreement with the Del Oro Caregiver Resource Center to subsidize the cost of participants of the City's Triple R Adult Day Program; 2) authorizing the City Manager to execute an agreement with the Regents of the University of California on behalf of the School of Medicine UC Davis Care Management to subsidize the cost of participants of the City's Triple R Adult Day Program.

Contact: Sylvia Fort, Recreation Manager, 808-8381; Rosanne Bernardy, Recreation Superintendent, 808-1590.

Presenters: Not Applicable

Department: Parks and Recreation

Division: Youth and Older Adult Recreation Services

Organization No: 4737

Description/Analysis

Issue: The Triple R Adult Day Program provides respite, recreation and resources for families and older adults with Alzheimer's disease or other forms of dementia. The program is a fee for service program, currently up to \$67 per day, per participant.

Fees for participants who are economical disadvantaged are covered through long standing partnerships with the Del Oro Caregiver Resource Center and the Multi-Service Senior Program at the University of California at Davis Medical Center. The City of Sacramento will be the provider of service, and costs will be subsidized per participant, through separate agreements with both agencies. City Council approval of the two agreements is required, as the City of Sacramento will be reimbursed for services provided.

Policy Considerations: Staff's recommendation is consistent with policies in the City Council adopted *2005-2010 Parks and Recreation Master Plan* including:

Policy 6.9: Partner with School Districts and other local and regional agencies to maximize funding opportunities.

Policy 12.1: Actively pursue and formalize partnership agreements with a broad range of public and private entities,

Policy 12.7: In partnership with other agencies, promote provision of a complete continuum of care in social services for all residents, participating in varied roles in their delivery.

Providing Parks and Recreation services is consistent with the City's strategic plan to achieve sustainability and livability and to expand economic development throughout the City.

Committee/Commission Action: Not Applicable.

Environmental Considerations: Staff's recommendation concerns administrative activities that will not have any significant effect on the environment and that do not constitute a "project," as defined by the California Environmental Quality Act (CEQA) [CEQA Guidelines Sections 15061(b)(3); 15378(b)(2)].

Rationale for Recommendation: Families from throughout the City of Sacramento send elderly participants to the Triple R Program from one to five days each week. The program provides respite for families taking care of an older adult experiencing memory loss or frailty, recreation and socializing for older adults in a group setting. Triple R serves as a resource for families who opt to care for an elderly relative at home over placement in a residential care center.

The Triple R Program is fee for service program and is not reliant on the City's General Fund. Thus, participants have access to the program, when and if they are able to afford the program fee, currently up to \$67 per day/per participant.

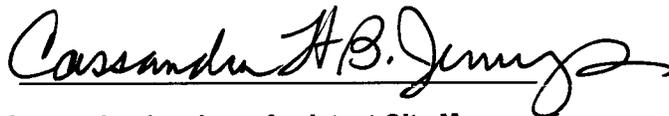
The recommended agreements with Del Oro Caregiver Resource Center and the Multi-Service Senior Program at the University of California at Davis Medical Center provide access to those families that could not afford the program fee. As the City of Sacramento will be reimbursed per participant for services provided, City Council approval of the two agreements is required.

Financial Considerations: There are no financial considerations with this report. The Triple R Adult Day Program is part of the Department of Parks and Recreation's Older Adult Services Section, which has an established annual fiscal year expenditure and revenue budget. Funding received through the recommended agreements is used to subsidize the cost of economically disadvantaged participants that could not typically afford the fees to participate in the program. These costs are already budgeted as part of the annual fiscal year budget process.

Emerging Small Business Development (ESBD): Not applicable.

Respectfully Submitted by: 
CASSANDRA H.B. JENNINGS
Assistant City Manager

Recommendation Approved:



Cassandra Jennings, Assistant City Manager for
Ray Kerridge - 6/8/07

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ATTACHMENT 1

Background:

The Triple R Adult Day Program provides respite, recreation and resources for families and older adults with Alzheimer's disease or other forms of dementia. The program provides respite for families taking care of an older adult experiencing memory loss or frailty, recreation and socialization for older adults in a group setting, and resources for families and communities, including free support groups and a multimedia library. Triple R serves as a resource for families who opt to care for an elderly relative at home over placement in a residential care center.

The program has been a part of the Department of Parks and Recreation since 1992. The program is a fee-based service that began at the Ethel MacLeod Hart Senior Center and has expanded to sites in Greenhaven at the Asian Community Center and North Sacramento at Woodlake Elementary School.

Families from throughout the City of Sacramento send elderly participants to the Triple R Program from one to five days each week. Door-to-door transportation is arranged to and from the program for families who need it. The program participants are engaged in a stimulating recreation and socialization program offered ten hours each weekday. Family caregivers benefit from participating in support groups and receive individual counseling to help them with the demands of caring for a spouse or parent with dementia. Some caregivers simply take a break while their participant attends the program, while others are able to continue with a job, which they may otherwise have not been able to maintain in order to care for their family member.

In 1999, the Triple R Program became Sacramento's first Alzheimer's Day Care Resource Center through a competitive process. The program was re-designated through the same process in 2002 and again in 2006.

The current cost to participate in the program is up to \$67 per participant/per day. Fees for participants that are at an economic disadvantage are covered by the Del Oro Caregiver Resource Center and the Multi-Service Senior Program at the University of California at Davis Medical Center.

This partnership will be continued through agreements with both agencies. As the agreements relate to the City of Sacramento being reimbursed by outside agencies for fee services provided, the City Council must authorize the City Manager to enter into the recommended agreements.

RESOLUTION NO. 2007-

Adopted by the Sacramento City Council

June 19, 2007

APPROVING AGREEMENTS FOR THE TRIPLE R ADULT DAY PROGRAM

BACKGROUND

- A. The Triple R Adult Day Program provides respite, recreation and resources for families and older adults with Alzheimer's disease or other forms of dementia.
- B. The program has been a part of the Department of Parks and Recreation since 1992. The program is a fee-based service that began at the Ethel MacLeod Hart Senior Center and has expanded to sites in Greenhaven at the Asian Community Center and North Sacramento at Woodlake Elementary School.
- C. The current cost to participate in the program is up to \$67 per day/per participant. Fees for participants who are economical disadvantaged are covered by the Del Oro Caregiver Resource Center and the Multi-Service Senior Program at the University of California at Davis Medical Center.
- D. This partnership will be continued through agreements with both agencies. As the agreements relate to the City of Sacramento being reimbursed by outside agencies for fee services provided, the City Council must authorize the City Manager to enter into the recommended agreements.

BASED ON THE FACTS SET FORTH IN THE BACKGROUND, THE CITY COUNCIL RESOLVES AS FOLLOWS:

- Section 1. The City Manager is authorized to enter into an agreement with the Del Oro Caregiver Resource Center to subsidize the cost of participants of the City's Triple R Adult Day Program.
- Section 2. The City Manager is authorized to enter into an agreement with the Regents of the University of California on behalf of the School of Medicine UC Davis Care Management to subsidize the cost of participants of the City's the Triple R Adult Day Program.