

RESOLUTION NO. 2006-164

Adopted by the Sacramento City Council

March 7, 2006

EXTENDING A PROFESSIONAL SERVICES AGREEMENT 2004-0836

BACKGROUND

- A. The Sacramento Fire Department, in conjunction with American River College (ARC), began a fitness training program in June 1990. ARC provided a "coach" to facilitate this pilot program to help firefighters reduce back injuries & heart related issues. Approximately 5 years later, ARC stopped funding this program, at which point the department contracted with an individual to provide training part-time.
- B. This program has since evolved into a 40+ hour a week job. Fitness training and nutritional information is provided to firefighters in the stations as well as to fire recruits and paramedic student interns.
- C. To support this full-time program Council approved the addition of a full-time employee (FTE) to the Fire Department in May 2003. The position was subsequently frozen and attached to the passage of the 911 Fee.
- D. The Fire Department is working towards reinstating the budgeted FTE for this position. In the interim the Fire Department has continued the program through a professional services agreement.
- E. The Department is requesting an increase in the professional services agreement to \$132,000 and extension through July 31, 2006. This extension will allow the continuity of the program for the current recruit academy.

BASED ON THE FACTS SET FORTH IN THE BACKGROUND, THE CITY COUNCIL RESOLVES AS FOLLOWS:

- Section 1. The City Manager is authorized and directed to execute the Supplemental Agreement to increase the amount to \$132,000 and extend the agreement until July 2006.

Adopted by the City of Sacramento City Council on March 7, 2006 by the following vote:

Ayes: Councilmembers Cohn, Fong, Hammond, McCarty, Pannell, Sheedy,
Tretheway, Waters and Mayor Fargo.

Noes: None.

Abstain: None.

Absent: None.



Mayor Heather Fargo

Attest:



Shirley Concolino, City Clerk